

2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 82a: Cross Tabulation of Fruit and Vegetable Consumption at School Breakfast by Healthy Eating Recommendations

Were there fruits, vegetables, or juices served with your breakfast at school?

Did you eat the fruits, vegetables, or juices served with your breakfast at school?

Did you eat any fruits or vegetables, or drink any juice for [meal or snack] yesterday?

How many servings of [each fruit, vegetable, or juice reported] did you eat for [meal or snack]?

What cereal did you eat the most of yesterday?

What percent fat was most of the milk you drank yesterday?

Yesterday, how many servings of milk did you drink, including chocolate milk, fast food milkshakes, milk on cereal, or large coffee drinks such as a mocha or latte?

Yesterday, how many servings of whole-grain breads did you eat? This would include 100% whole wheat, wheatberry, or bran bread and bagels or whole wheat tortillas, but not flour or corn tortillas.

Ate Fruits and Vegetables with School Breakfast	%	Percent of Adolescents			Percent of Adolescents			
		Servings of Fruits and Vegetables			Servings of Fruit		Servings of Vegetables	
		0-2	3-4	5+	0-1	2+	0-2	3+
Yes	5	10	10	79	0	100	77	23
No	95	28	26	45	27	73	83	17

Ate Fruits and Vegetables with School Breakfast	%	Percent of Adolescents				
		Servings of Milk		Milk Fat Type (Out of Milk Drinkers)		
		0-2	3+	Non-Fat / 1%	2%	Whole
Yes	5	62	38	43	46	11
No	95	66	34	39	41	20

Ate Fruits and Vegetables with School Breakfast	%	Percent of Adolescents				
		Servings of Whole Grain Bread			Ate Hi-Fiber Cereal	
		0	1-3	4+	Yes	No
Yes	5	24	57	19	3	97
No	95	26	58	16	16	84

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square

** p<.01